



THE PROFESSION OF DIETETICS IN HUNGARY

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What is a dietitian?

“A dietitian is a person possessing a legally recognised qualification (in nutrition and dietetics), who applies the science of nutrition to the feeding and education of groups of people and individuals in both health and disease”.



Dietitians' education in Hungary

- | <u><i>time</i></u> | <u><i>country</i></u> |
|--------------------|-----------------------|
| • 13 years | D |
| • 14 years | F |
| • 15 years | A, B, DK, TR, CH |
| • 16 years | GR, H , I, ES |
| • 17 years | SF, IR, GB |
| • 18 years | NL, N |



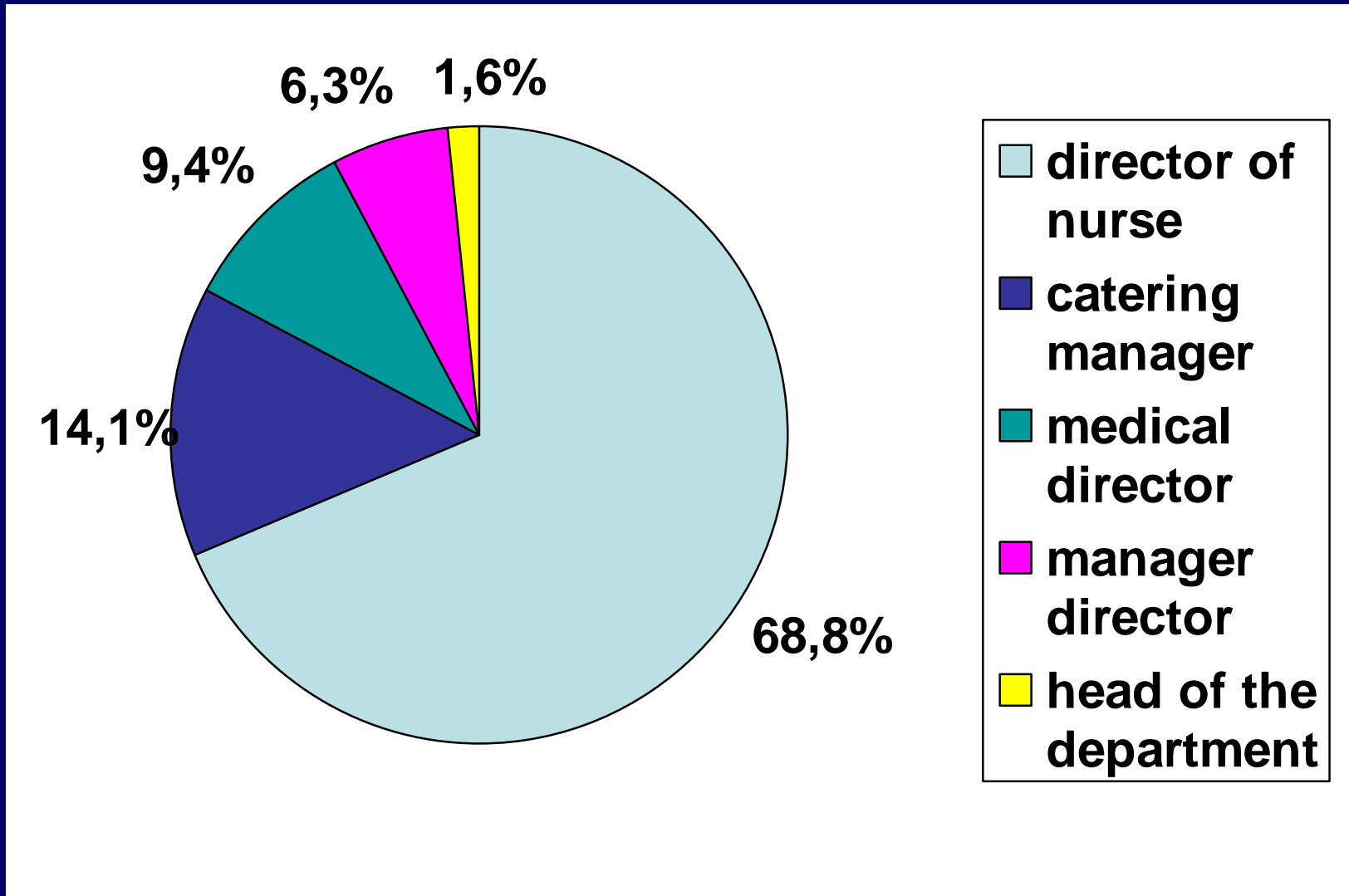


Survey

- Aim: to evaluate the situation of the actual hospital diet and the work of the dietitians
 - Distribution of the work time, working conditions, possibilities to consult with a dietitian, documentation
- September 23 – October 14, 2005
- 64 person – 64 hospitals
- 35,7 % of the total hospitals – 182 hospitals in Hungary that time
- cc. 90 % of the dietitians work in hospitals

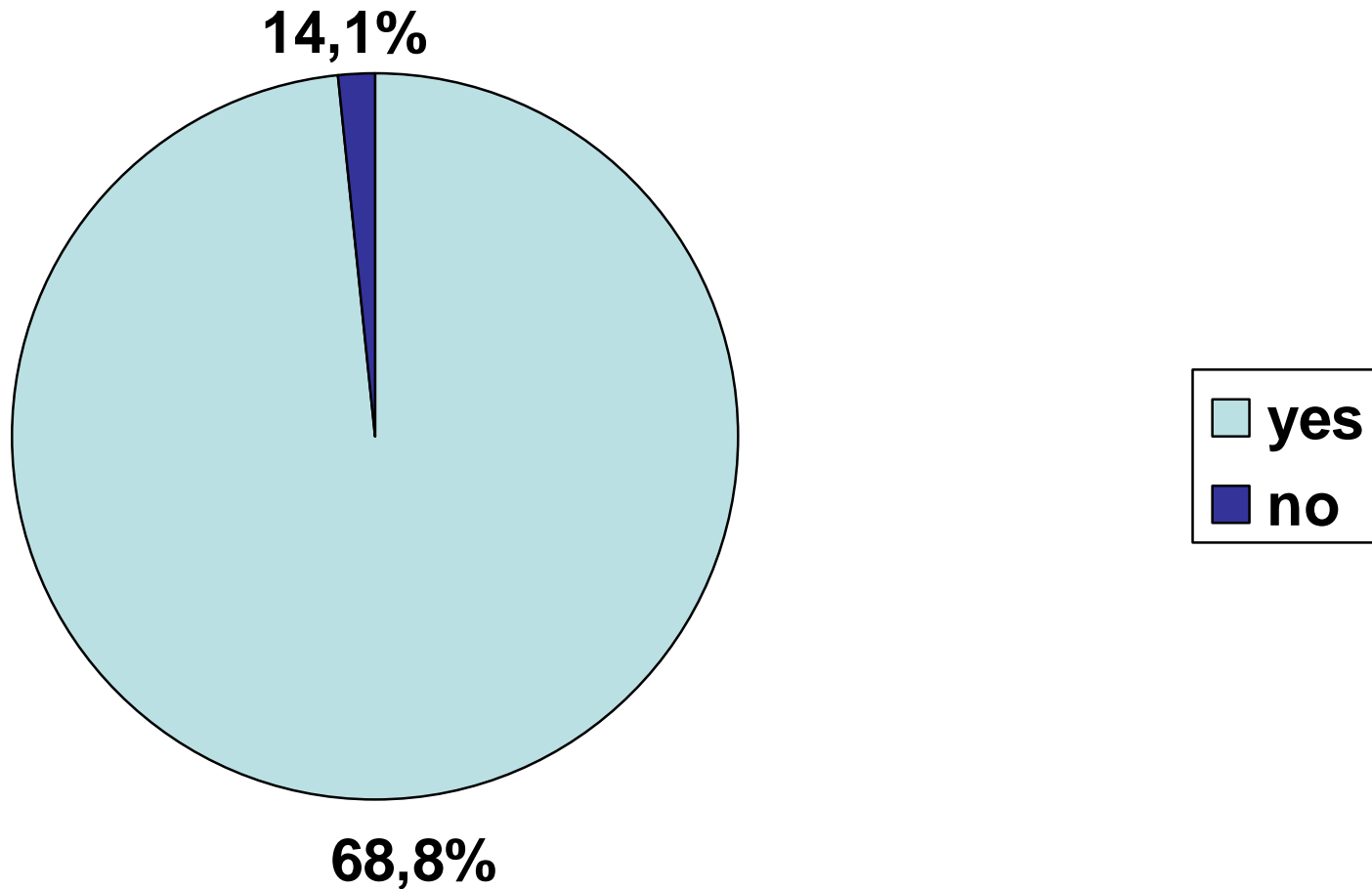


Proper place of the dietitians n=64



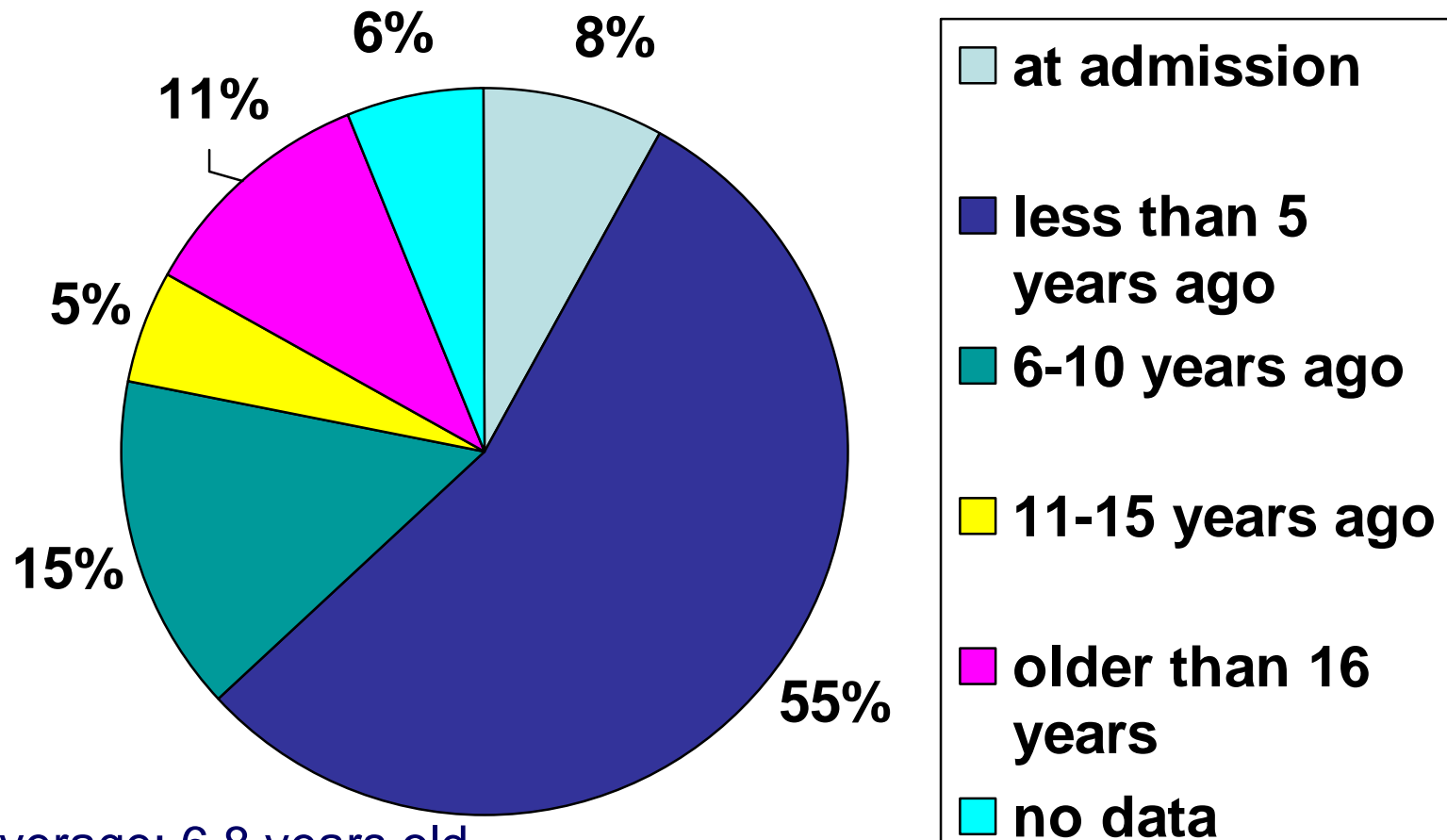


Do you have description of scope of activity? n=64





When has it been made? n=63



Average: 6,8 years old

The oldest 33 years old

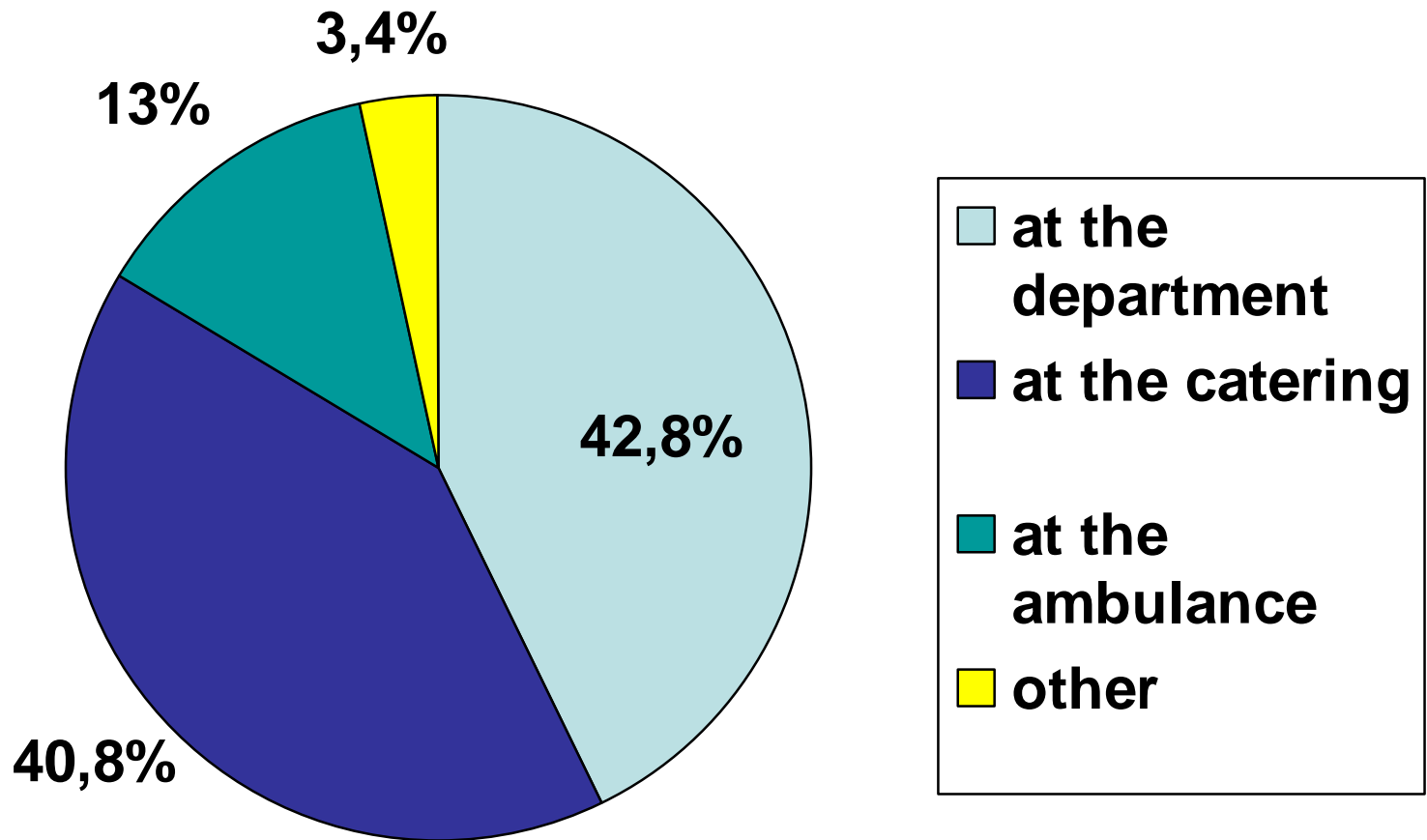


Number of beds and the rate of the patients/dietitian n=64

Average number of beds	654,33 ± 507,47
The smallest	20
The biggest	2098
Average number of dietitians in 1 hospital	4,63 ± 3,79
Average rate of patients/dietitian	166,81 ± 95,36

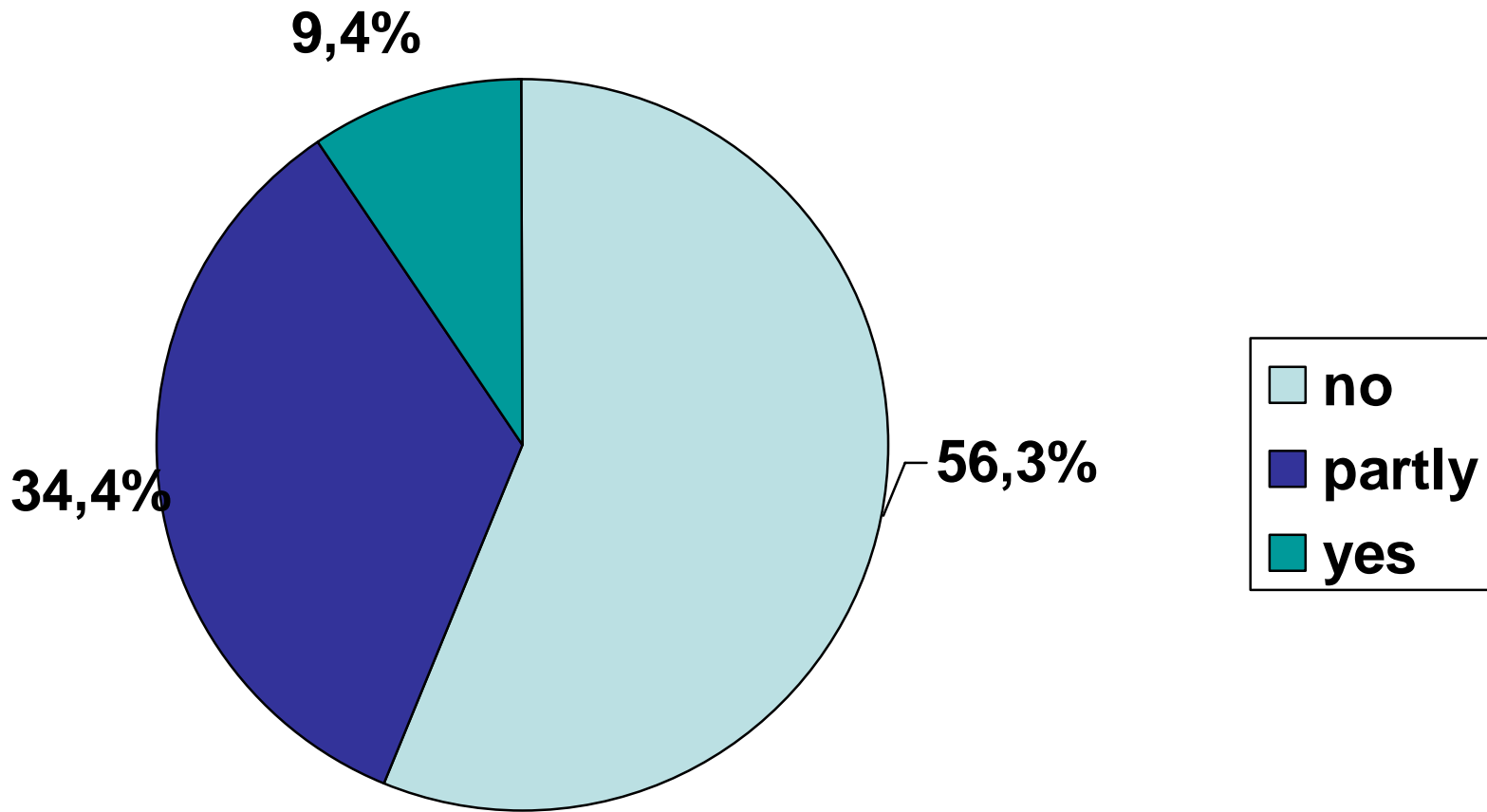


Distribution of the everyday work n=64



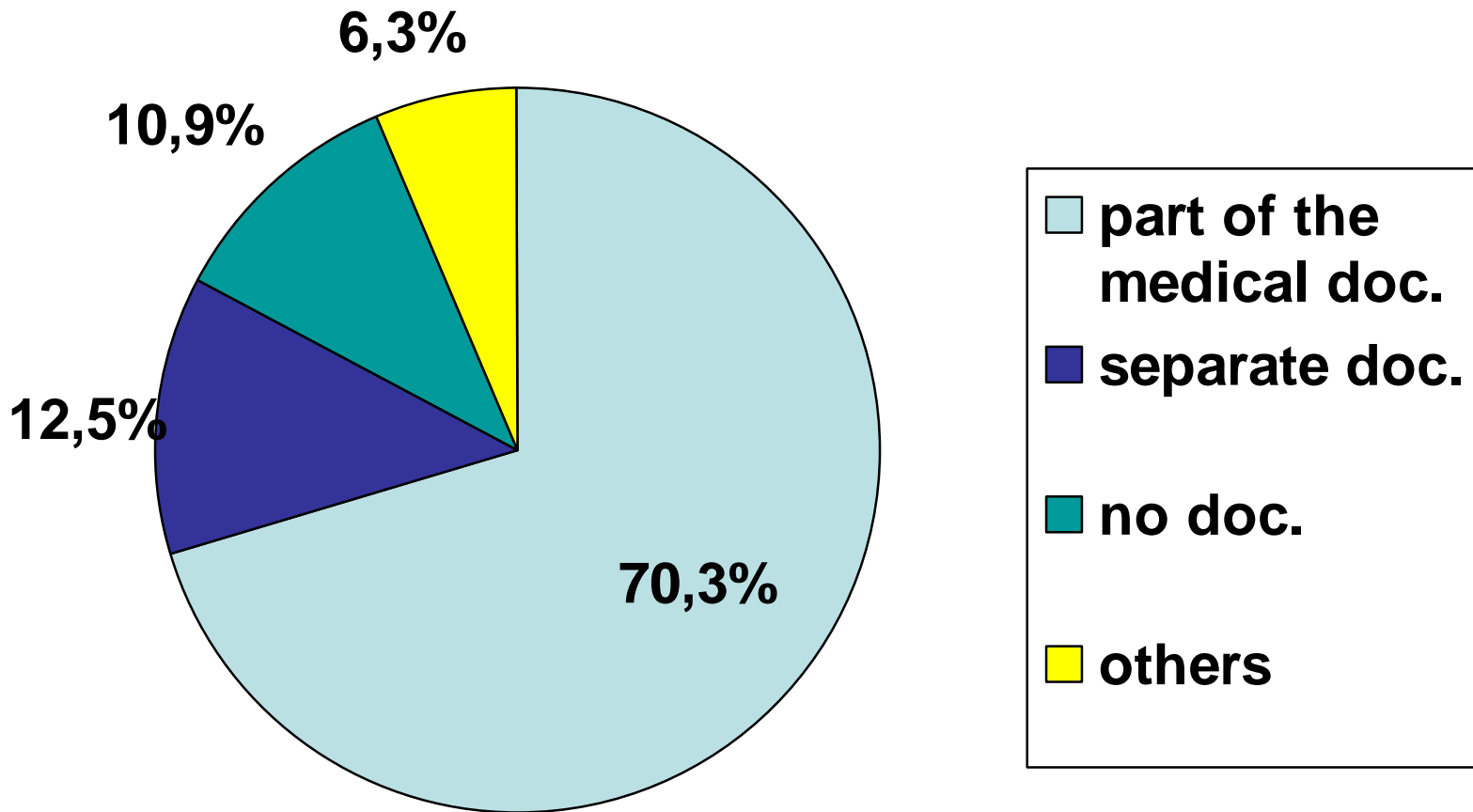


Participation at the visit n=64





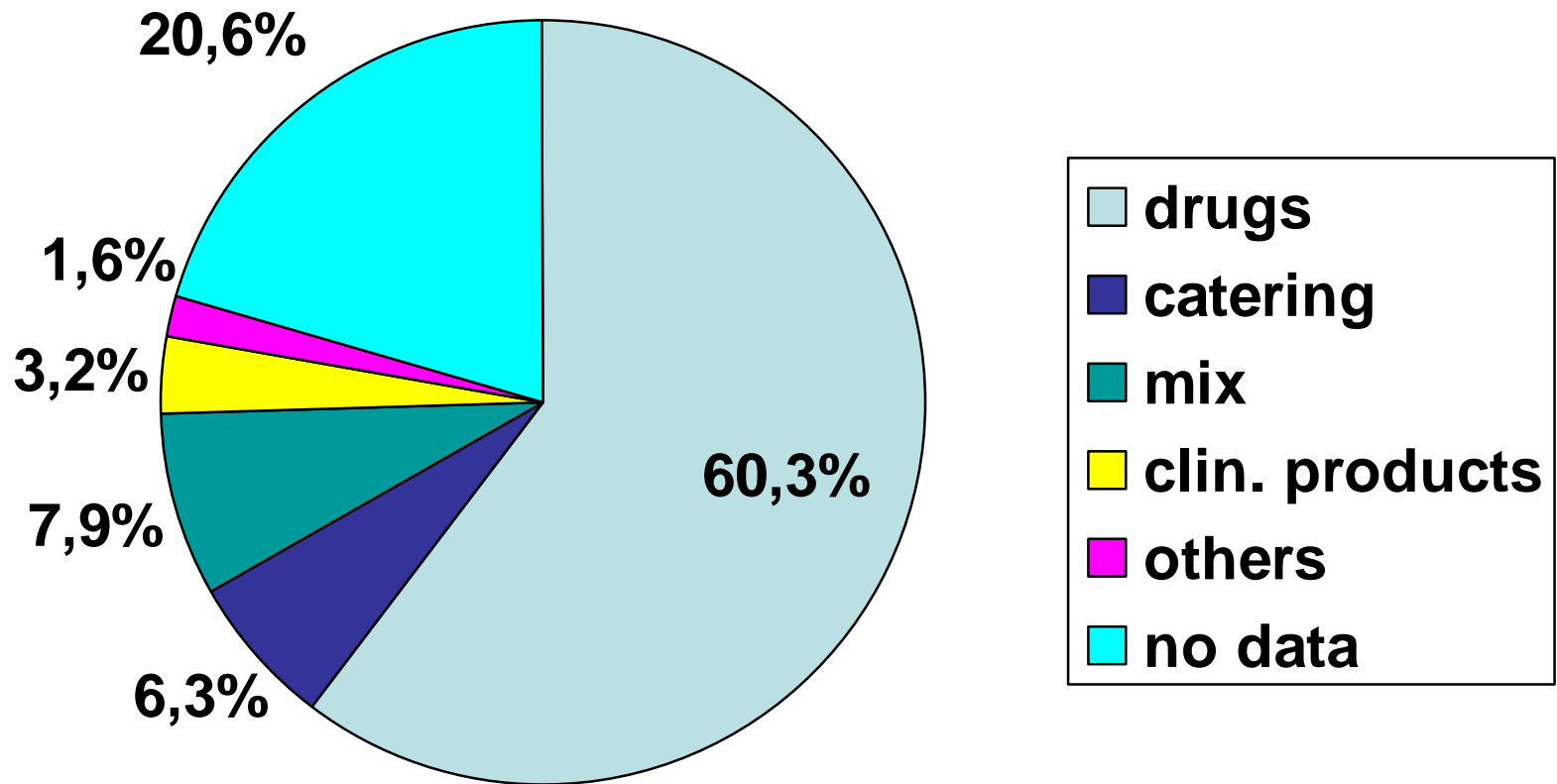
Documentation n=64





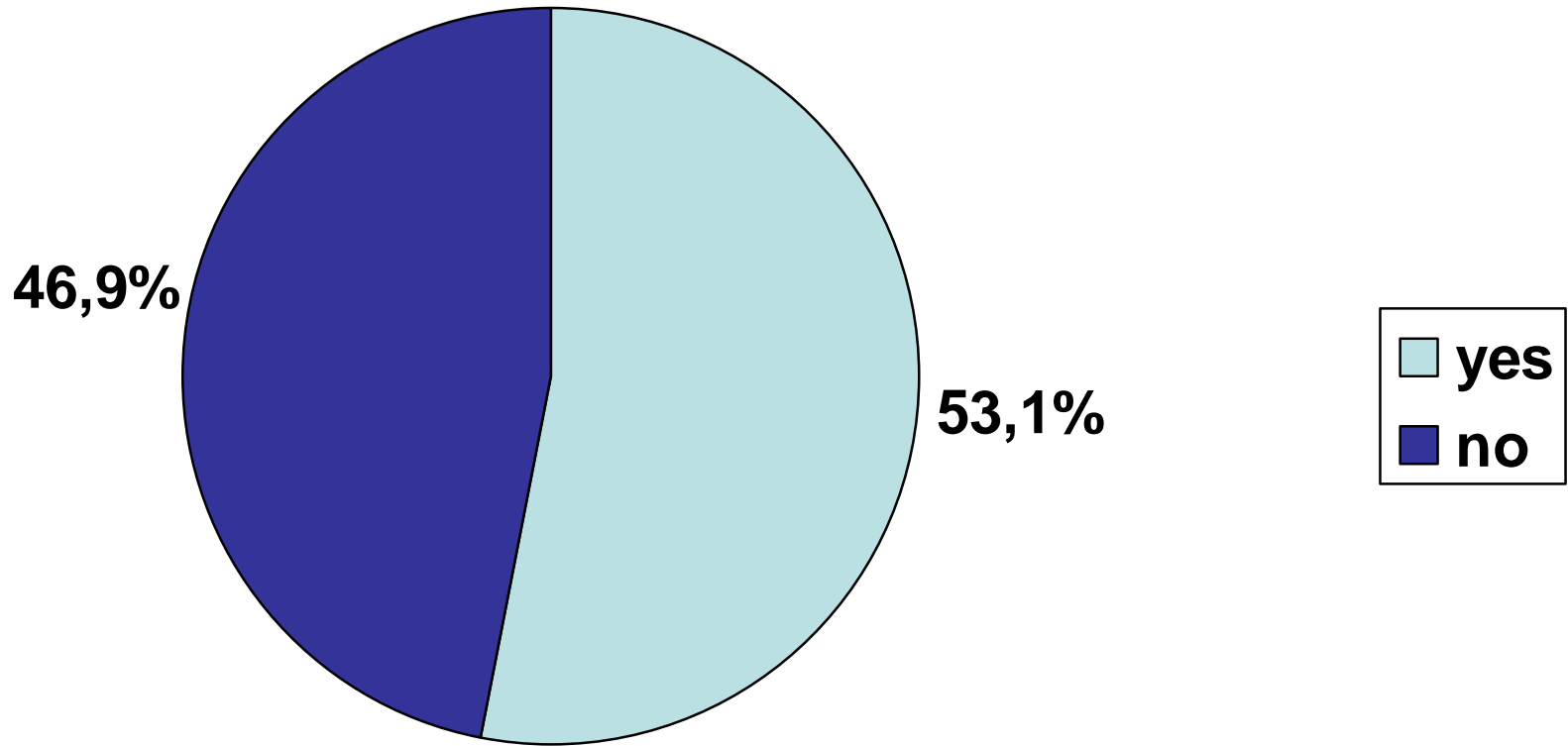
Financing of clinical preparation

n=63



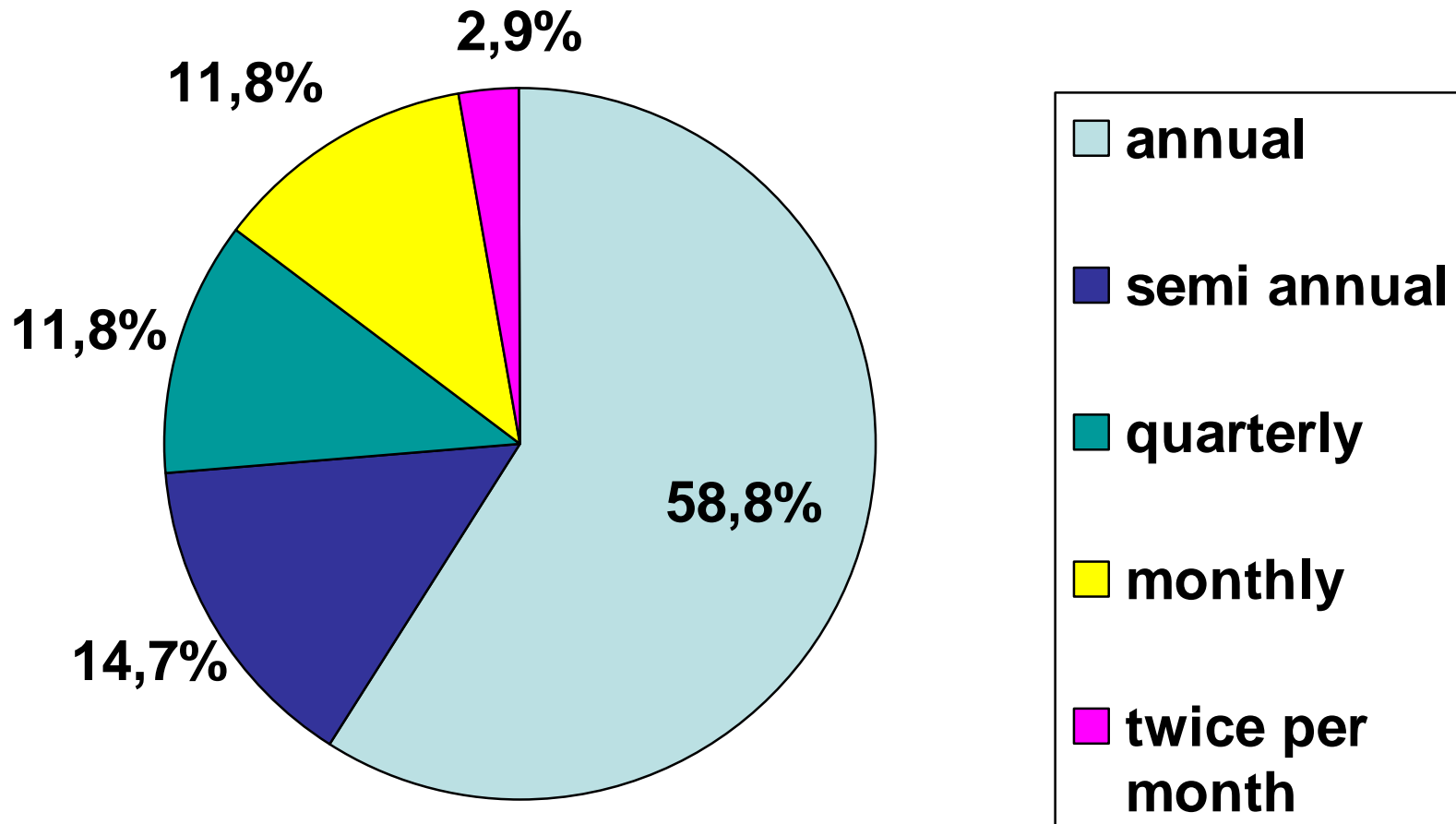


Report of the dietetic department n=64





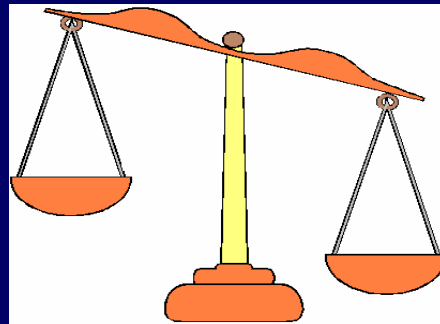
Report of the dietetic department n=34





Future issues

- Guidelines, protocols, descriptions of scope of activity \Rightarrow Competency
- Minimum condition - EDBS, controlling system
- Researches (practice based \Rightarrow evidence based)
- Co-operation with opinion leaders, other association

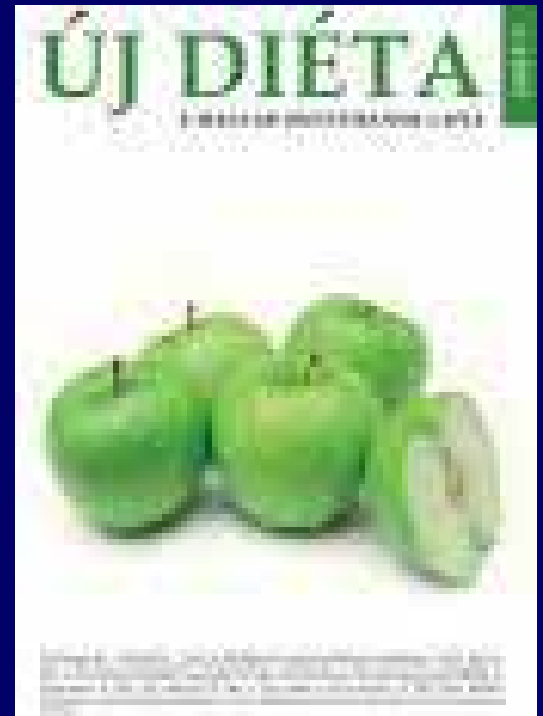


efficacy \uparrow
quality \uparrow
cost \downarrow



Hungarian Dietetic Association

- Organizing researches, trainings and scientific programs – „Road-show” Sept-Dec. in 7 cities
- Increasing both the scientific and the professional level of the dietitian work and make dietitians widely known
- Creating nutrition therapy related protocols
- Contacting media – journalist’ course, monthly newsletters
- Supporting co-operation with other organizations
- Making lobby for better situation of hospital diet and dietitians
- www.diet.hu, quarterly Journal – „New Diet”





Thank you for your attention

