



**4th International Conference of the
Cyprus Dietetic Association &
AODA Regional Conference**



The Profession of Dietetics in Cyprus

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Objectives

- Present the law for the registration or license of Dietitians, Food Scientists and Food Technologists in Cyprus
- Identify the definitions of nutrition and dietetic professionals in Cyprus and the CyDA code of ethics.
- Determine the Cyprus work force for dietetics



- The law for the registration or license of Dietitians, Food Scientists and Food Technologists in Cyprus
 - N31/i96

According to the Cyprus Law...

- The profession of dietetics is protected in Cyprus by the “Cyprus Registration Board for Food Scientists , Food Technologists , and Dietitians” (CyRBFSFTD)
- Enforced in 1996 and amended in 2001 to comply with the European Laws and 2006(on going) to include specialization of dietetics and title of nutritionist.
- All dietitians are mandated to be registered at the Cyprus Registration board in order to practice dietetics but it is optional to become a member of the CyDA
- Titles recognized by the law: nutritionist, dietitian, clinical dietitian, and specialization based to the graduate studies .





- Definitions
 - Appendix of the law
 - CyDA definitions based to EFAD, ADA/CDR, BDA, HPC, NS, N31/I 96
- Code of ethics -Appendix 1 of the Statutes of the Cyprus Dietetic Association



Definition

- Definitions of the dietetic professionals, their registration (RD/SRD), academic and professional qualifications, and importance to the healthcare team and the well being of the community are well documented by the American Dietetic Association(ADA), Commission on Dietetic Registration(CDR) and British Dietetic Association (BDA).
- The Cyprus Dietetic Association based on the definitions given to the dietitian by internationally recognized dietetic bodies and the law for the registration/licensure of the dietitians in Cyprus (1996) composed its unique definition for dietitian



Clinical Dietitian	Dietitian	Nutritionist
Therapeutic* and Preventive Role	Preventive Role and Confrontation of Specific Health Conditions**	Preventive Role
Works with Healthy Individuals and Patients	Works with Healthy Individuals (and specific health conditions)	Works with Healthy Individuals
Gives Diets at Personal and Group Level	Gives Diets at Personal and Group Level	Gives General Nutrition Advice at Personal and Group Level
Acts as Member of the Health Care Team and is considered member of paramedical professions or other medical services	He is considered member of paramedical professions or other medical services	



Dietitian

- Holder of at least a University degree (BSc) or equivalent in dietetics or dietetics and nutrition science.
- The specialist educated in nutrition, food science and the preparation of specific diets or menus for specific health conditions.
- The dietitian who holds also a university degree in Nutrition Science may be called Nutritionist.
- The Dietitian may be a university education graduate (UE) or a technological education graduate (i.e. Higher Technological Institute) (TE).
- The professional title nutrition advisor is not safeguarded but it can be used only by dietitians.



Dietitian by Profession

- The dietitian who:
- a. Has enough knowledge in the field of Food Science or Dietetics, as the case may be, and satisfies the Council during the evaluation of his application and/or his meeting with it: Provided that the cases of applicants holding a non-university diploma or degree of a two-year course at least in Dietetics, Food Science or Food Technology are excluded.
- b. Practices, at the date of commencement of validity of the present Law (Law no.31(I)/96), in good faith and for his own account as self-employed, the profession of food scientist or dietitian, as the case may be.



Dietitian by Profession

- c. Practiced this particular profession for at least two consecutive years immediately prior to the date of commencement of validity of the present Law.
- d. Had been registered or had obtained a place, before or on 29 March 1996, in a tertiary education school for a three-year course at least and obtained the relevant title, degree or diploma.
- Provided that the registration in the Special Register is valid until the final evaluation of the relevant titles, degrees or diplomas by the Cyprus Council for the Registration of Food Scientists/Technologists and Dietitians (CCRFSTD) and the Cyprus Council for the Recognition of Higher Education Qualifications (KYSATS).
- Furthermore, this register closed following the extension granted by CCRFSTD in January 2000.



Clinical Dietitian

- The dietitian who, after having obtained his degree or during his studies at a university or other equivalent educational institution, completed the required specialization and practice, is a holder of the RD/ SRD title or equivalent qualification and maintains his academic title through continuous training or holds a postgraduate degree in Clinical Dietetics.
- The RD title is granted by the CDR, the SRD title by the HPC, ex-CPSM, or by corresponding bodies in other countries.



Dietitian with a Post-graduate degree (or specialization):

- The Dietitian and/or Clinical Dietitian holding a postgraduate degree in a specific field.



Nutritionist

- Holder of a university degree and/or a postgraduate degree in the field of human nutrition.
- The Clinical Nutritionist is the nutritionist with a postgraduate degree in «Clinical Nutrition».
- The nutritionist and/or clinical nutritionist may practice the dietetics profession only as long as he holds a degree in dietetics and fulfils all criteria of a dietitian and/or clinical dietitian.
- The nutritionist and/or clinical nutritionist are recognized by specific international scientific bodies as long as they meet the necessary criteria set out by the competent bodies.



- Dietitians payment:
 - In the private practice-depends from individual
 - Set salary for those working in ministry of health and education.

Duties



Dietitian

- He/She is recognized as being responsible for a person's nutrition.
- He/She helps individuals as well as groups of people to choose the right foodstuffs (both in terms of quality and quantity), by preparing the appropriate diet with the aim of providing the human body with the appropriate nutritional substances in order to ensure a healthy living and prevent and confront certain nutrition-related conditions for healthy people and specific health conditions.
- He/She may also become involved in research or training or legislation and politics with regard to foodstuffs and nutrition.
- He/She is considered member of paramedical professions or other medical services.
- His/Her direction can be in community and/or administrative dietetics.



Clinical Dietitian

- Apart from his/her duties as a Dietitian, the clinical dietitian, based on each individual diagnosis, helps people with clinical dietetics-related health problems to improve their condition by preparing the right diet and the right nutritional/dietetics treatment acting as a member of the Health Care Team.
- He/she is considered member of paramedical professions or other medical services.
- He/she may also become involved in research or training or legislation and politics with regard to foodstuffs and nutrition.
- His/her direction can be in community, administrative clinical dietetics.



Nutritionist

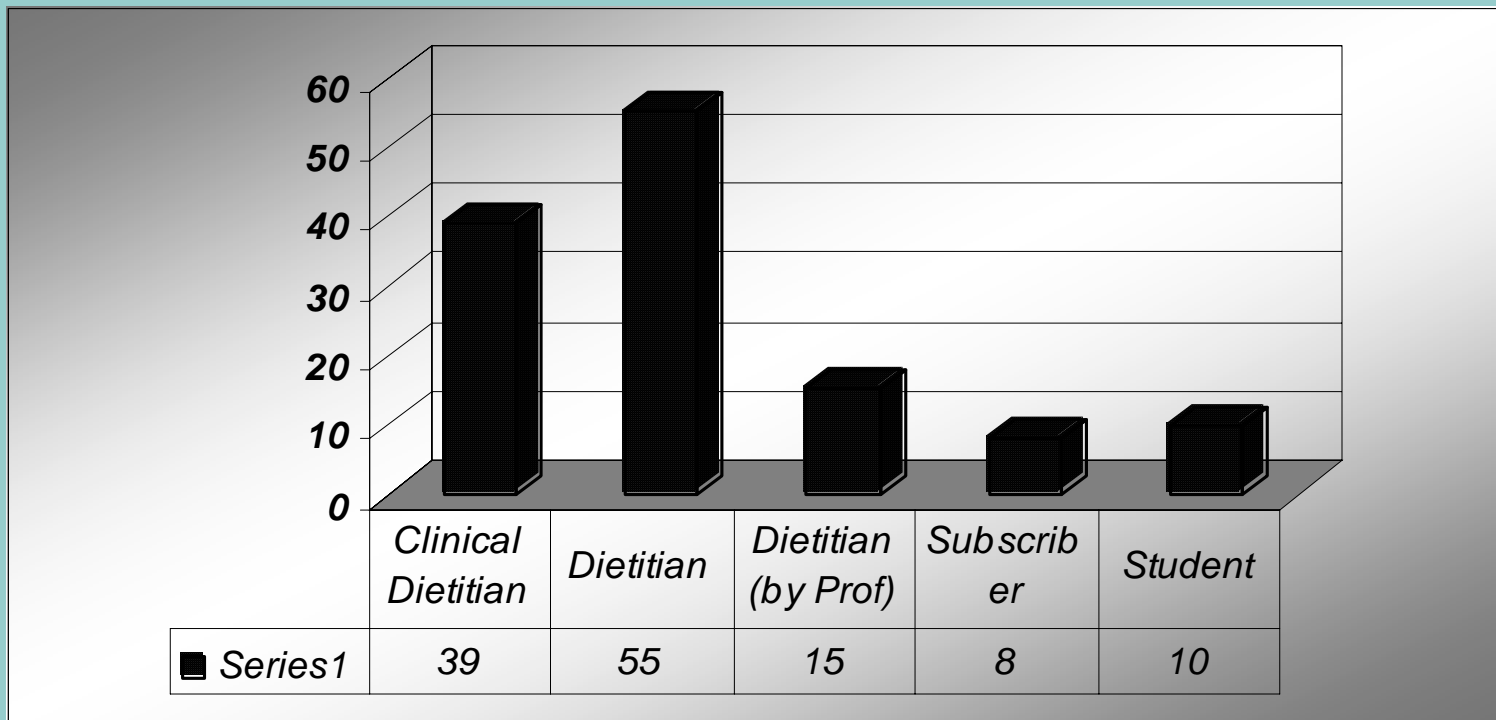
- The nutritionist and/or clinical nutritionist is entitled to give general advice to healthy individuals or groups of people on healthy nutrition and prevention without preparing individual diets.
- He/she may also become involved in research or training or legislation and politics with regard to foodstuffs and nutrition.
- His/her direction can be in community dietetics.



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- Cyprus work force for dietetics
 - 115 registered/licensed by the
CyRBFSFTD
 - 127 members of CyDA

Cyprus Dietetic Association

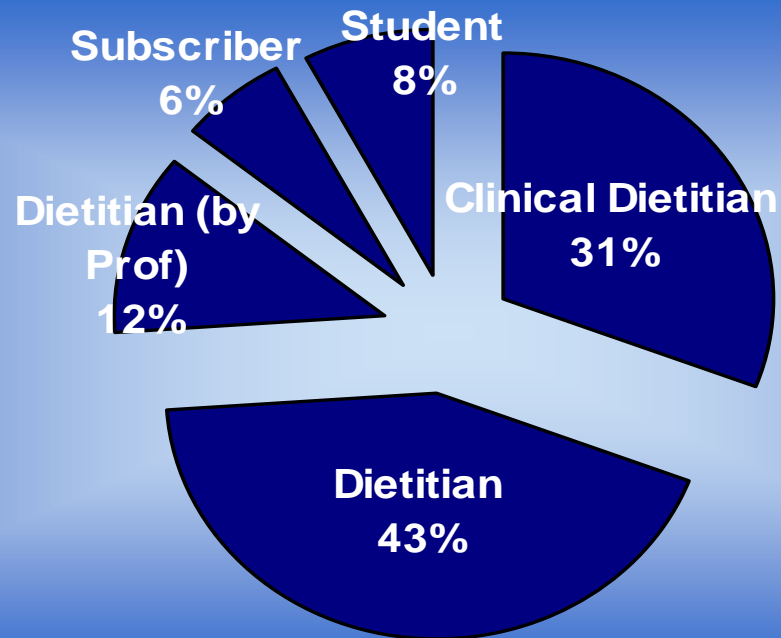
Clinical Dietitian=39, Dietitian=55, Dietitian (by Prof)=15,
Subscriber=8, Student=10, Total=127





Cyprus Dietetic Association

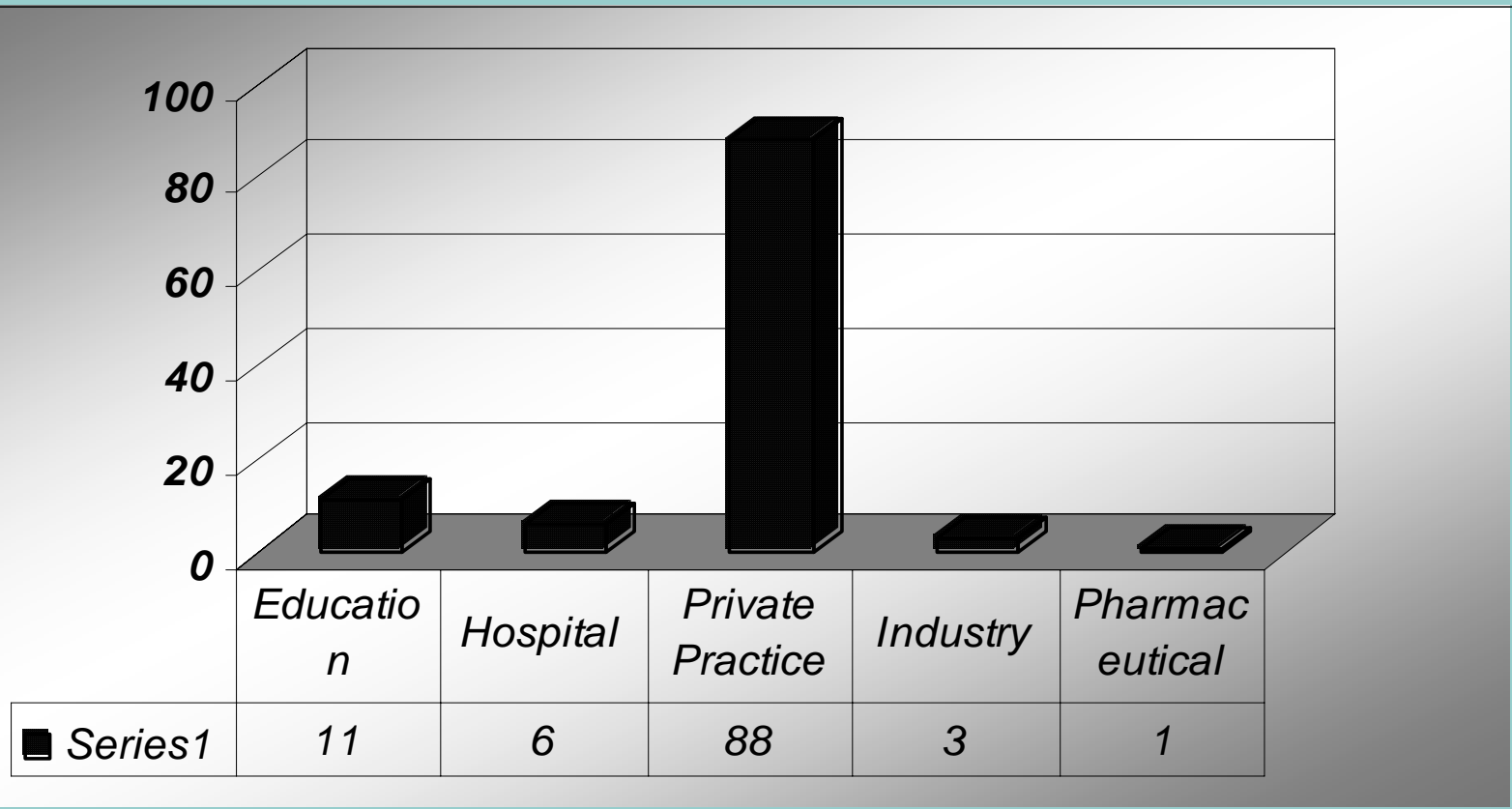
Clinical Dietitian=31%, Dietitian=43%, Dietitian (by Prof)=12%,
Subscriber=6%, Student=8%





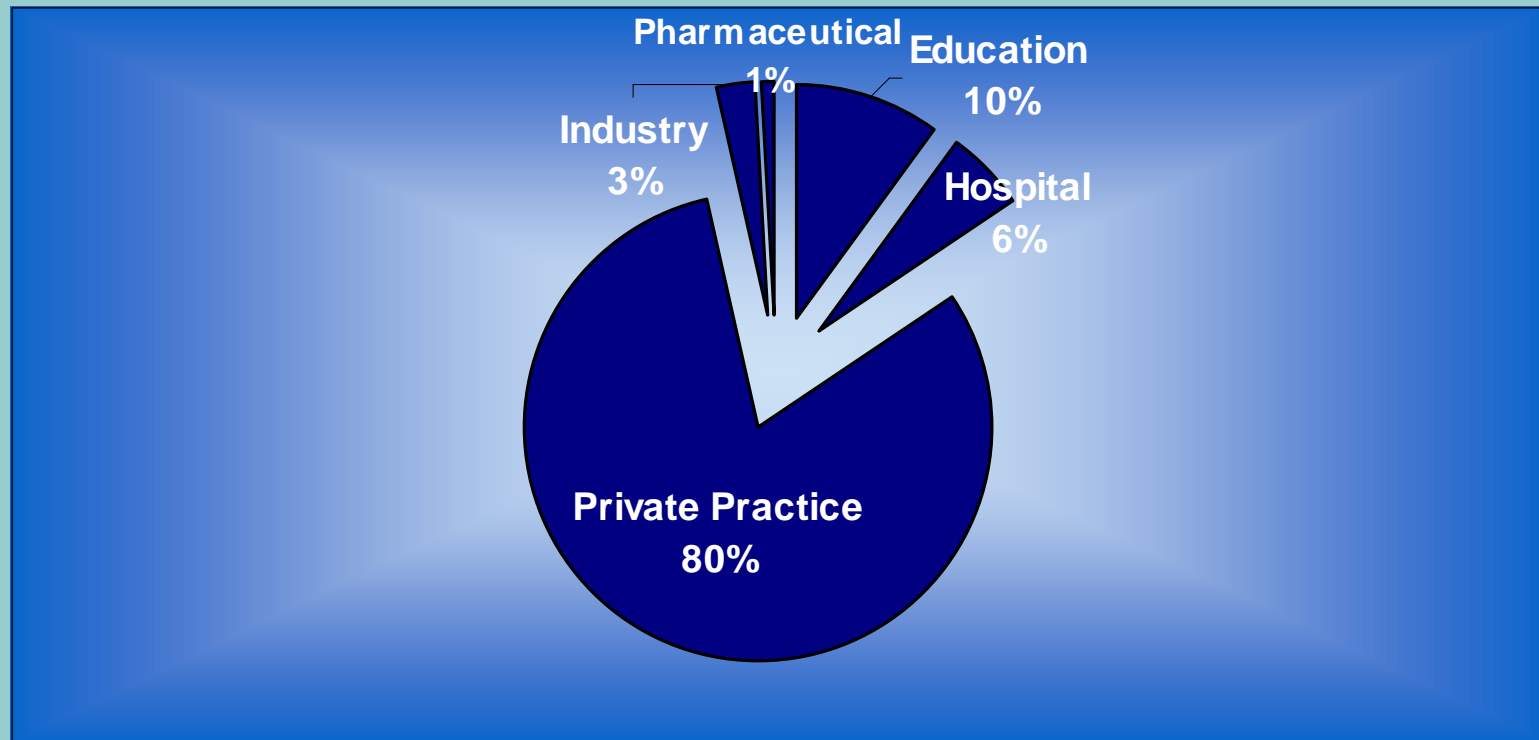
Cyprus Dietetic Association

Education=11, Hospital=6, Private practice=88, Industry=3, Pharmaceutical=1



Cyprus Dietetic Association

Education=10%,Hospital=6%,Private practice=80%,Industry=3%,Pharmaceutical=1%





Mission & Objectives of CyDA

- The mission of CyDA is to be the dietetic and professional leader in the Cyprus Health Community.
- CyDA's main objective is to protect the profession of unlawful practices and promote the profession to establish and maintain sound dietetic and nutritional practices for the wellbeing of the public.

Other goals

- Encourage more diversity within the profession
- Encourage unify way of practice
- Support the potential European Registration in Dietetics
- Communication with public authorities for dietitians in the ministry of Agriculture and more in the ministry of Health and Education,





Glossary:

- RD = Registered Dietitian
- SRD = State Registered Dietitian
- CDR = Commission on Dietetic Registration, www.cdrnet.org
- HPC = Health Professions Council, www.hpc-uk.org
- CPSM = The Council for Professions Supplementary to Medicine, www.cpsm.org.uk
- N31(I)/96 as amended in 2001 N.42(I)/2001 = Law on the Registration of Food Technologists/Scientists and Dietitians of Cyprus
- ADA = American Dietetic Association, www.eatright.com
- BDA = British Dietetic Association, www.bda.uk.com
- EFAD = European Federation of the Association of Dietitians, www.efad.org
- NS = The Nutrition Society, www.nutsoc.org.uk



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Thank you for your attention!

